

# HOUSEHOLD



## SCIENCE



*Margaret C. Snell, M. D.  
Professor of Domestic Science and Arts*

**A**T THE HEAD of this department is stationed Miss M. C. Snell, a woman, beloved by all, whose influence for good, and for right living will always be felt throughout our state, because of her careful earnest direction of the young women under her instruction. Miss Snell is ably assisted by Miss Mary Sutherland, of O. A. C. '04 class.

The aim of the department is to prepare girls for the life work which they as women of the future are expected to perform. Indeed, what work is more blessed than that of the home-maker and home-keeper? By the system of training here offered, competency in practical work is attainable.

The work of the department is divided into various heads, including General Hy-





giene, Hand-Sewing, Dressmaking, Cookery, Etiquette, Aesthetics, and Care of the Sick; some one or more of which is taken up each year of the college course.

During the first year an hour each day is given to hand-sewing, on samples of the various kinds of cloth, etc., which work cultivates the virtues, dexterity, industry, patience, neatness, and exactness. The minds are being stored and enriched, the while, with short poems, and the well expressed thoughts of the masters. General Hygiene lectures are also woven in while the hands are busy, impressing upon the mind the necessity of good health to all happiness and success in life; while lectures and talks on social forms and usages, and the art of entertaining are not neglected.

An hour a day, the second year, is occupied with planning, cutting, fitting, and completing garments in the dress-making department. Several new machines and other appliances have been added to this branch of the work this year, and it is planned to have the course extended from one to four years, with a degree in the work offered.

Cookery occupies five hours per week of the Junior year. Three lectures per week are given on the chemistry of foods, and two hours are given to practice work in cooking, which is no less needed by Oregon girls than by those of Michigan, Iowa, or Mis-



Mississippi. When the struggle waxes strong, and the steam and iron have left their scar, just take courage, girls, and remember:

“Men can live without poetry, music, and art;  
They can live without conscience, and live without heart;  
They can live without friends, and live without books,  
But civilized men cannot live without cooks.”

Aesthetics, with its relation to the subjective and objective world, is given special attention during the Senior year, and a careful study is made of the masters of discourse, architecture, music, and painting. The history and description of celebrated buildings of the world are prepared and given by members of the class from collateral reading. Famous paintings, with copies, are studied in like manner, and the great artists and their works are thus fixed in the memory. Such study imparts general knowledge and culture that can be attained in no better way.

The Care of the Sick is also given some time. In the absence of real patients—O. A. C. girls are of so persistently healthy bodies—the members of the class take turns at playing sick. Knowledge of many practical home remedies, and emergency treatments is acquired, as well as the key to those deft touches here and there which help to eliminate the sameness, and stiffness of the sick-room. The young ladies also strive to acquire the important art of entertaining the invalid and convalescent.

Under this kind guidance of most worthy instructors, and enjoying the many conveniences afforded in the new location in Waldo Hall, the Household Science girls are quietly and industriously applying their heads and hands, and the results will tell in the years to come.



*Cooking Laboratory*